

# Pioneering Excellence in Nutrition



Elixir Nutrology is a supplement brand rooted in evidence-based science.

We meticulously craft each product to embody quality, purity, and efficacy. Our supplements are proudly manufactured in the United Kingdom, adhering to the highest industry standards. This means that when you choose Elixir Nutrology, you're not just selecting supplements; you're choosing trust, transparency, and results.

## PregnElix™ 20 Key Pregnancy Nutrients

Embark on the extraordinary journey of motherhood with PregnElix™, a nurturing creation by Elixir Nutrology designed to support you through every stage of pregnancy. This comprehensive blend of essential nutrients is carefully formulated to provide the nourishment you need during this special time of growth and transformation.

PregnElix™ contains a blend of 20 key pregnancy nutrients which together support maternal tissue growth, increase maternal folate status, and promote overall well-being throughout all stages of pregnancy.

Embrace the support of PregnElix™ – your trusted companion on the journey of motherhood, ensuring you and your baby receive the vital nourishment needed for a healthy and vibrant pregnancy.

More  
from us...



# PregnElix™

## 20 Key Pregnancy Nutrients

30 TABLETS



### Product Information

One capsule typically provides:		% NRV
Vitamin D	10µg	200
Vitamin E	4mg α-TE	33
Vitamin K	75µg	100
Vitamin C	75mg	94
Thiamin (B1)	2.5mg	227
Riboflavin (B2)	2mg	143
Niacin (B3)	18mg NE	113
Vitamin B6	10mg	714
Folic Acid	400µg	200
Vitamin B12	5µg	200
Biotin	150µg	300
Pantothenic Acid (B5)	6mg	100
Magnesium	180mg	48
Iron	20mg	143
Zinc	10mg	100
Copper	1mg	100
Manganese	1mg	50
Selenium	40µg	73
Iodine	160µg	107
Beta Carotene	2mg	-

*NRV = Nutrient Reference Value*

### Caution

This product contains iron, which if taken in excess may be harmful to very young children. Keep out of sight and reach.

### Directions

Adults: Swallow one tablet per day with food.

SUITABLE FOR VEGETARIAN AND VEGAN DIETS.

**More from us...**

