

# Pioneering Excellence in Nutrition



Elixir Nutrology is a supplement brand rooted in evidence-based science.

We meticulously craft each product to embody quality, purity, and efficacy. Our supplements are proudly manufactured in the United Kingdom, adhering to the highest industry standards. This means that when you choose Elixir Nutrology, you're not just selecting supplements; you're choosing trust, transparency, and results.

## MultElix 50+™ Multivitamin & Minerals

Embrace your golden years with MultElix 50+™, a tailored blend by Elixir Nutrology crafted to meet the nutritional needs of individuals aged 50 and beyond.

MultElix 50+™ offers comprehensive nutrient support, enriched with vitamins and minerals specifically chosen to address the changing needs of individuals aged 50 and above. With its carefully selected ingredients, including immune-supportive nutrients, this formula helps fortify your body's natural defences, promotes normal functioning of the nervous system, and contributes to your overall vitality.

Experience the power of MultElix 50+™ – your trusted companion on the journey to vibrant health and well-being in your golden years.

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from us...**



# MultElix 50+™

## Multivitamin & Minerals

30 TABLETS



### Product Information

One capsule typically provides:

|                                  |                                    | % NRV |
|----------------------------------|------------------------------------|-------|
| Vitamin A                        | 800µg RE                           | 100   |
| Vitamin D                        | 10µg                               | 200   |
| Vitamin E                        | 24mg α-TE                          | 200   |
| Vitamin K                        | 75µg                               | 100   |
| Vitamin C                        | 160mg                              | 200   |
| Thiamin (B1)                     | 2.2mg                              | 200   |
| Riboflavin (B2)                  | 2.8mg                              | 200   |
| Niacin (B3)                      | 32mg NE                            | 200   |
| Vitamin B6                       | 2.8mg                              | 200   |
| Folic Acid                       | 200µg                              | 100   |
| Vitamin B12                      | 2.5µg                              | 100   |
| Biotin                           | 50µg                               | 100   |
| Pantothenic Acid (B5)            | 12mg                               | 200   |
| Calcium                          | 267mg                              | 33    |
| Magnesium                        | 125mg                              | 33    |
| Iron                             | 7mg                                | 50    |
| Zinc                             | 10mg                               | 100   |
| Copper                           | 1mg                                | 100   |
| Manganese                        | 2mg                                | 100   |
| Selenium                         | 55µg                               | 100   |
| Chromium                         | 80µg                               | 200   |
| Molybdenum                       | 25µg                               | 50    |
| Iodine                           | 150µg                              | 100   |
| Beta Carotene                    | 2mg                                | -     |
| Green Tea (equivalent)           | 50mg                               | -     |
| 5mg 10:1 Extract/95% Polyphenols |                                    | -     |
| Providing Catechins              | 2mg                                | -     |
| Lutein                           | 2mg                                | -     |
| Coenzyme Q10                     | 2mg                                | -     |
| L. Acidophilus                   | 2.4 x 10 <sup>7</sup> (24 million) | -     |
| B. Animalis Lactis               | 2.4 x 10 <sup>7</sup> (24 million) | -     |
| L. Casei                         | 1.6 x 10 <sup>7</sup> (16 million) | -     |
| L. Rhamnosus                     | 1.6 x 10 <sup>7</sup> (16 million) | -     |
| L. Plantarum                     | 1 x 10 <sup>7</sup> (10 million)   | -     |
| S. Thermophilus                  | 1 x 10 <sup>7</sup> (10 million)   | -     |
| BioPerine® Black Pepper Extract  | 1.25mg                             | -     |

NRV = Nutrient Reference Value

### Caution

This product contains iron, which if taken in excess may be harmful to very young children. Keep out of sight and reach.

### Directions

Adults: Swallow one tablet per day with food.

SUITABLE FOR VEGETARIAN AND VEGAN DIETS.

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